

Case Presentation



By: Bianca Cuizon, Harris Escobar, Christina North Daisy Pineda, Jesus Salas, Caysee Schulte

Patient Introduction: Gerald B. Hurten



- ✤ 42 year old adult caucasian male
- Drinks 5 cups of coffee a day
- Eats fast food 4 times a week due to a busy

schedule

Lives a sedentary lifestyle

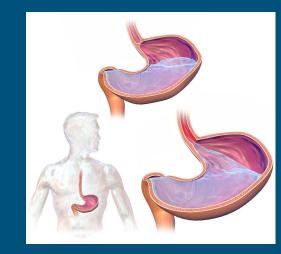
Pathology

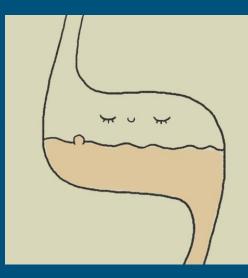
Digestive disease

- **Etiology:** Weak lower sphincter allows backflow of contents
- Pathogenesis: Most severe form is associated with esophageal adenocarcinoma.
- Epidemiology: No sex predilection, 7-10% chronic sufferers, 4th decade

Symptoms:

- Burning pain in the chest that occurs after eating and worsens when lying down
- Dysphagia
- Regurgitation of food or sour liquid
- Sensation of a lump in your throat





Health History

Recent Dr visit: 3 mo ago for:

Digestive system problems

Experiencing symptoms:



- Burning pain in the chest that usually occurs after eating and worsens when lying down
- Dysphagia

Current Medication:

Prilosec (Omeprazole): Proton pump inhibitor, 20 mg / day before a meal

Vitals: BP: 139/89, P: 75, R: 17, T: 98.9F SpO2: 97% ASA II

Dental Hx

Patient Chief Complaint:

- Sensitive teeth
 - Cannot eat ice cream!

2 years ago: exam and 6mo recall, no significant findings.

- Bad breath
 - > bitter, sour taste
- Tongue looks "yellowish"

Last Dental Visit:

*





Extra Oral Findings

- Pt was holding his chest implying discomfort
- Continuous belching



- Cannot lie down or bend over without feeling dyspepsia
- Tracheal exam tender upon palpation and when asked to swallow
- Lips were dry
- All other findings WNL

Intraoral Findings

- Enamel erosion upper palatal and lower lingual anterior sextants
- Posterior wall of pharynx is tender, inflamed, and ulcerated
- Glossal edema and discoloration (yellow/white)
- Restorations:
 - ➤ #13 RCT WNL
 - > #19 MOL Comp open margin on lingual surface
- Gingiva:
 - moderate inflammation with marginal red rolled borders
- Reduced salivary flow



Clinical Pictures

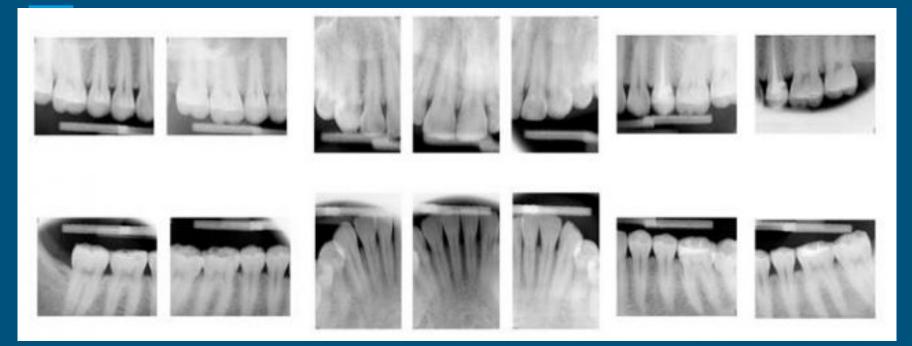






 Erosive lesions on the palatal surface of maxillary anteriors Redness/swelling of the pharynx Yellow/white discoloration of the tongue

Radiographs



• Enamel erosion of maxillary and mandibular anterior sextants

Differential Diagnosis



Crohn's Disease

Peptic Ulcer

Irritable Bowel Syndrome

Gastritis

Helicobacter pylori infection



References :

Achalasia (esophagus disorder): Symptoms, causes, treatments. Cleveland Clinic. (n.d.). Retrieved December 6, 2021, from https://my.clevelandclinic.org/health/diseases/ 17534-achalasia.

Articles. Cedars. (n.d.). Retrieved December 6, 2021, from https://www.cedars-sinai.org/health -library/diseases-and-conditions/h/hiatal-hernia.html.

CDHO factsheet Gerd - CDHO - The College of Dental ... (n.d.). Retrieved December 6, 2021, from https://www.cdho.org/Advisories/CDHO Factsheet GERD.pdf.

Clarrett, D. M., & Hachem, C. (2018). *Gastroesophageal reflux disease (GERD)*. Missouri medicine. Retrieved December 6, 2021, from https://www.ncbi.nlm.nih.gov/pmc/articles/ PMC6140167/.

Esophageal spasms: Causes, symptoms, diagnosis & treatment. Cleveland Clinic. (n.d.). Retrieved December 6, 2021, from https://my.clevelandclinic.org/health/diseases/15575-esophageal-spasms.

References :

Homepage. About GERD. (2021, December 1). Retrieved December 6, 2021, from https://aboutgerd.org/. Mayo Foundation for Medical Education and Research. (2021, May 18). Helicobacter pylori (H. pylori) infection. Mayo Clinic. Retrieved December 6, 2021, from https://www.mayoclinic.org/diseases-conditions/h-pylori/symptoms-causes/syc-20356171 Mayo Foundation for Medical Education and Research. (2020, April 3). Gastritis. Mayo Clinic. Retrieved December 6, 2021, from https://www.mayoclinic.org/diseases-conditions/ gastritis/symptoms-causes/syc-20355807 Richter, J, & Rubenstein, J. (2018). Presentation and epidemiology of gastroesophageal reflux disease. *Gastroenterology*, 154(2), 267-276. https://doi.org/10.1053/j.gastro.2017 .07.045 StatPearls Shah, N. (2021,October 7). Omeprazole. [Internet]. Retrieved December 6. 2021. from

https://www.ncbi.nlm.nih.gov/books/NBK539786/.